

SECLUSION AND RESTRAINT CONFERENCE:  
IMPLEMENTING ISBE'S EMERGENCY RULES

# Changes to Restraint & Seclusion Rules: What You Need to Know Now

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FRANCZEK



**WHY  
ARE  
WE  
HERE**



# THE QUIET ROOMS

Children are being locked away, alone and terrified, in schools across Illinois. Often, it's against the law.

THE QUIET ROOMS

# Illinois to Take Emergency Action to Halt Isolated Timeouts in Schools

Gov. J.B. Pritzker called the practice of secluding children “appalling” and said he will work with legislators to end it.

by Jennifer Smith Richards, Jodi S. Cohen, Lakeidra Chavis and Dan Petrella, Nov. 20, 3:15 p.m. CST

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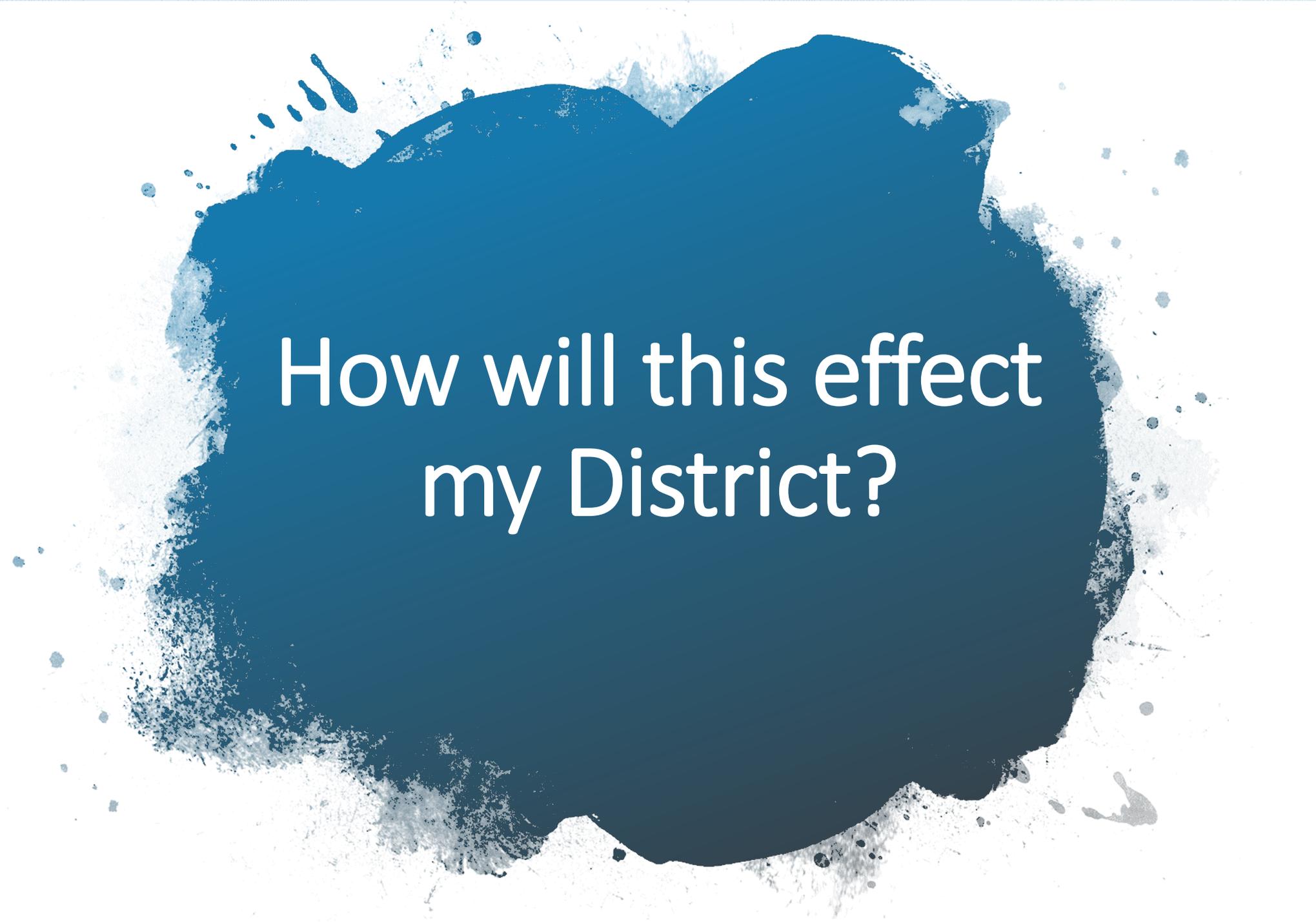


THE QUIET ROOMS

# There's an Emergency Ban on Isolated Timeouts in Illinois Schools. What's Next?

The state board of education said it will refer school workers to law enforcement if they are suspected of committing crimes against children as the emergency ban on seclusion in Illinois public schools goes into effect.

by Lakeidra Chavis, Jennifer Smith Richards and Jodi S. Cohen, Nov. 22, 9:04 p.m. CST

A dark blue, irregularly shaped graphic with a splatter effect, containing white text. The graphic is centered on a white background and has a rough, hand-painted appearance with some lighter blue and white splatters around its edges.

How will this effect  
my District?



**Emergency Rules Apply to All  
Students Who Experience  
Time Out or Restraint.**



# Use of Time Out and Physical Restraint

**Old:** Shall be used only as a means of maintaining discipline in schools (that is, as a means of maintaining a safe and orderly environment for learning) and only to the extent necessary to preserve the safety of students and others.

**Emergency:** Shall be used only for therapeutic purposes, or as a means of maintaining a safe environment for learning, to the extent necessary to preserve the safety of students and others.

**Proposed:** Shall be used only when the student's behavior presents an imminent danger of serious physical harm to the student or others and other less restrictive and intrusive measures have been tried and proven ineffective in stopping the imminent danger of serious physical harm.



# Isolated Time Out

- Isolated time out prohibited
- Key factors
  - Involuntary confinement
  - Locked/Blocked
  - Alone



# Definition of Time Out

- **Emergency Rules:**
  - A behavior management technique that involves the monitored separation of a student from classmates with a trained adult for part of the school day, usually for a brief time, in a non-locked setting.
- **Proposed Rules:**
  - A behavior management technique for the purpose of calming or de-escalation that involves the involuntary monitored separation of a student from classmates with a trained adult for part of the school day, only for a brief time, in a non-locked setting.



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# Requirements for Time Outs

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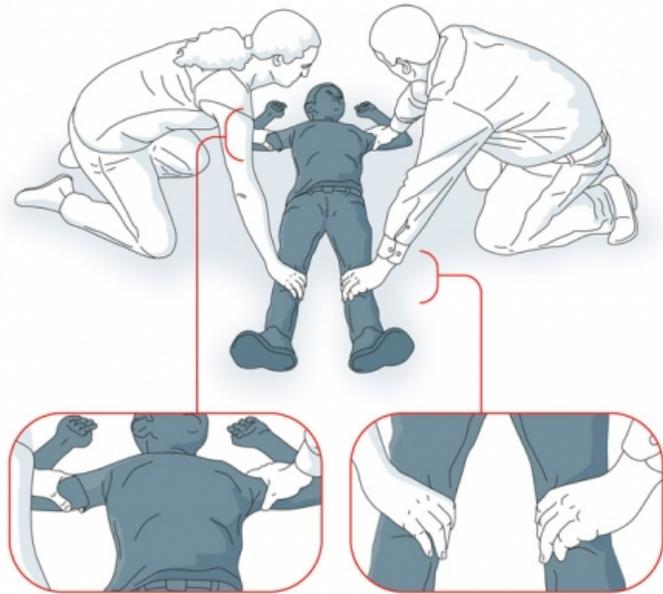
WITH A TRAINED ADULT



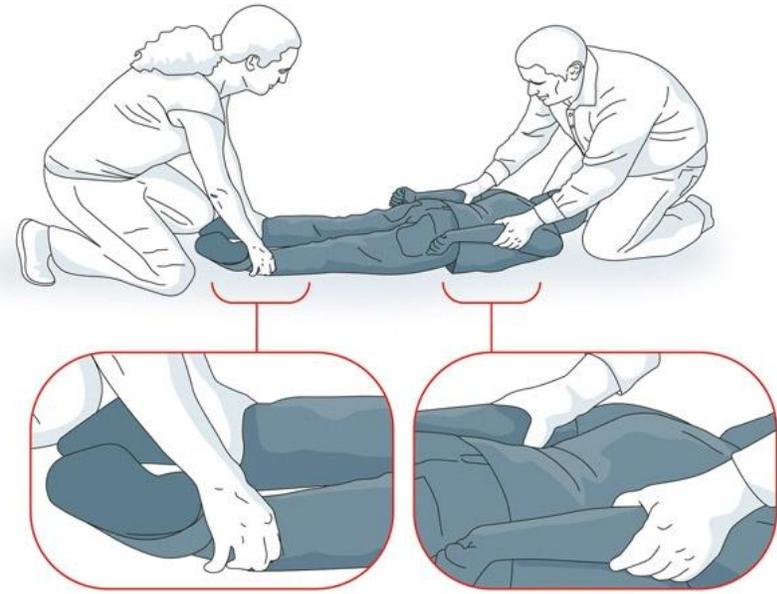
IN AN UNLOCKED  
SETTING



ENCLOSURE MEETS  
CERTAIN REQUIREMENTS



Supine Hold



Prone Hold

## Physical Restraint

- Prone and supine restraint restricted
- Banned if impairs student's ability to breathe or speak normally



## Management Issues

- What can a school do if a student cannot be safely managed



# SB100 Discipline Requirements

A green highlighter with a black cap is positioned at the top left of the page. A blue pencil with a white polka-dot grip is positioned diagonally across the page. The text "outplacement" is written in black cursive on the lined paper.

outplacement



REMINDERS



# Meeting: Effectiveness



POLITICK



Use your "Mouse" or "Tab" key to move through the fields and check boxes. After completing last field, save document to hard drive to make future updates or click print button.



# Illinois State Board of Education

100 North First Street  
Springfield, Illinois 62777-0001

## PHYSICAL RESTRAINT AND TIME OUT FORM

**Instructions:** Per 23 IAC 1.285(f)(1), a written record of each event involving a time out or physical restraint must be maintained in the student's temporary record. Public school districts, private special education schools, special education cooperatives, charter schools, regional safe school programs, and any other educational program serving Illinois public school students must complete this form in its entirety. Written parent notification must occur within 24 hours of the incident. This completed form must be sent to ISBE within 48 hours to [restrainttimeout@isbe.net](mailto:restrainttimeout@isbe.net).

STUDENT NAME	DATE OF BIRTH	GRADE
SCHOOL	DISTRICT	
RACE	GENDER	



Training



# Complaints

## Complaint Procedure

- Similar to a state complaint under Article 14
- State Superintendent will issue written decision
- Can order action, including technical assistance
- Not a limit on other rights



Questions?



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